



## **Hiking/Backpacking – Equipment List**

When planning your equipment, please keep in mind that besides your personal gear you will carry your share of food and equipment. So, try to keep the weight of your equipment to a minimum! Plan at home what you will carry and what you will leave in Whitehorse.

### **Nature Tours of Yukon recommends following equipment:**

#### **Basic equipment:**

- Tents, bear repellent (pepper spray), first aid kit, satellite phone;
- Food & beverages, camp stove / fuel, kitchen equipment & eating utensils.

#### **Camping/Hiking equipment:**

- comfortable backpack (80-90 litre);
- waterproof pack bags or stuff sacks;
- sturdy and well broken in (waterproof) hiking/trekking boots;
- wool socks;
- hiking pole(s);
- suitable shoes/boots/sandals for creek crossings and camp use;
- fleece jacket/pullover;
- T-shirts, (thermal) underwear, jogging pants/long johns;
- hiking pants (quick dry), shirts/blouses;
- rain/wind pants, rain/wind jacket;
- wool gloves or mittens, scarf/warm cap (wool) and a hat;
- sleeping bag (suitable to -5°C), sleeping pad or Thermarest;
- pocket knife, thermos/water bottle and matches/lighter.

#### **Toiletries / First Aid:**

- Toothbrush & -paste, biodegradable soap, small towel;
- hair brush, sun glasses, sun lotion, insect repellent;
- prescription spare glasses, lip balm, band-aid.
- *Please bring your own prescription drugs.*

#### **Miscellaneous equipment:**

- diary/note pad and pen, binoculars (lightweight), flash light (August/September).

#### **Documents:**

- Valid ID / passport;
- Copies of important travel documents - keep separate from originals!;
- credit card ("MasterCard" and "VISA" ok, "American Express" not very useful).
- *It is almost impossible to exchange foreign currencies (except US\$) in the Yukon*

#### **Photo- and Video equipment:**

- *Please keep adequate insurance coverage on your equipment! Nature Tours of Yukon assumes no responsibility for lost or damaged equipment.*
- *Reduce photo equipment to a bare minimum for any hiking trip.*